“Be a King this Christmas and pass the present on…”

The aim of this year’s Start-up/Foodbank Campaign will be to encourage boys and their families to run coffee mornings / evenings with their neighbours, friends and family to raise the profile of and generate giving to Start-up Stirling/local foodbanks.

At the sessions there will be an opportunity to get know people better through:

* Coffee (& other drinks) & Mince Pies
* Conversation (we’ve included some potential questions)
* Contribute (in return for their invitation they will be asked to bring contributions to Start-up Stirling)
* Challenge (the final activity at the session will be Pass the Parcel. As well as various forfeits through the game, the big prize (when everyone gets a present) will be a challenge to run their own “Be a King” session.

By the end of the campaign the aim will be to have a large number of “Be a King” sessions run throughout Dunblane (& beyond) with the result of a large amount of food and monetary contributions made to Start-up Stirling (& potentially other Foodbanks).

The following resource pack will be made available on the BB Facebook page (and website) to help those running events.

“Be a King this Christmas and pass the present on…”

RESOURCES & GUIDANCE

Thank you for accepting the challenge to run a

“Be a King this Christmas and pass the present on”

event.

We’ve included some resources to help run your event.

Please invite as many people as you think possible or sensible. We have attached a template invitation which you can modify as you require.

At our first event we are serving coffee (tea & soft drinks) and mince pies. Trying to get an idea of numbers will help you cater for your event so including the RSVP on the invitation could help you. Please feel free to provide whatever refreshments you like but we are trying to make these events as low on hassle as possible as we understand we are running this campaign in the run-up to Christmas and you may have other things on your plate! Please don’t restrict yourself to Christmas – if you’re too busy run it in the New Year.

We have got the boys from 25th Stirling (Dunblane) Boys’ Brigade to create some questions which you can use to stimulate conversation (if you think you need to!). They are attached….

The final activity of the event is “Pass the Parcel on…”. We have created some forfeits for the game but feel free to add your own. Please let us know if you come up with some good ones. The final prize (for everyone) is a challenge to organise their own event, so hopefully the campaign will go viral!

What do I do with any donations?

You can bring them along to Boys’ Brigade on any Friday before Christmas at 7:45pm to the Cathedral Halls, Dunblane.

On Friday 19th December we will be in St Blanes Hall, Dunblane between 15:00 & 18:00 holding a public collection for anyone and everyone.

Otherwise you can take donations directly to Start-up Stirling. Please see their website for details. www.startupstirling.org.uk

Start-Up Stirling SCIO

Unit 9, 10 Munro Road, Stirling, FK7 7UU

Donations can be dropped off Monday to Friday between 9.00am and 1.00pm

If you are not in the Stirling area, find the details of your foodbank on-line or contact your local church for details.

How can I publicise the Campaign?

Please take pictures of your event… in particular your parcel….. and, with appropriate permissions, post photos to Facebook, Twitter or Instagram using the #passthepresenton hashtag along with #BoysBrigade. Your boys will keep you on the right track!

*INVITATION*

*We would like you to come along to our*

“BE A KING THIS CHRISTMAS” EVENT

*at: [Enter Venue]*

*on [date] at [time].*

*Please bring along family and friends – we only ask that you let us know who is going to come along*

*In return for coffee, chat and mince pies we would like you to bring along a donation to our local foodbank START-UP Stirling.*

 *The goods that they accept are listed overleaf or you can make a donation to their current [£ for lb Fruit and Veg A'peel !] appeal.*

*PLEASE RSVP:*

*Email: [Your details]*

*Please let me know if you can come and how many of your friends and family will be coming with you.*

*P.T.O.*

SUGGESTED DONATIONS TO START-UP STIRLING (OR YOUR LOCAL FOODBANK)

Essentials

|  |  |  |
| --- | --- | --- |
| Sugar *(standard and small size)* | Biscuits and Snacks | Tinned Desserts and Fruit |
| Tinned fish *(ring pull if possible)* | Long Life (UHT) Milk |  |
| Teabags *(Large and small boxes)* | Cook In/Pour Over Sauces | Strong shopping bags |
| Cutlery*(Mainly knives and dessert spoons)* | Instant Meals *(meals that need hot water added)* | Small Vegetable Knife |

Christmas Gifts

|  |  |  |
| --- | --- | --- |
| Mince Pies | Christmas Pudding/Cake | Crackers |
| Selection Boxes | Christmas Table Decorations | Napkins |
| Advent Calendars | Chocolate Coins/Treats | Crisps/Nuts |
| Boxes of Biscuits | Boxes of Sweets/Chocolates | Party Poppers and any other nice bits and pieces |

£ for lb Fruit and Veg A'peel !

Each week, 150 people receive food from our Crisis Food Banks in Stirling. Forty of these are children. From the donations we receive, we are delighted to be able to provide essentials However, we can not currently provide enough fresh fruit and vegetables. As a result, children and families living in poverty often live completely on ready meals. We want to help those on the breadline have a healthier diet. Please support our £ for lb Fruit and Veg A'peel and help us raise £1,000 to purchase fresh foods. Even this will only allow us to provide for one month, but it's a start. Your donation will be spent entirely on fresh produce.

To donate, please use the following link (which you may need to copy and paste into your browser):

[tiny.cc/fruitandveg](http://tiny.cc/fruitandveg%22%20%5Ct%20%22_blank)

On behalf of the children, families and individuals who will benefit, we sincerely thank you.

*PLEASE RSVP:*

*Email: [Your details]*

*Please let me know if you can come and how many of your friends and family will be coming with you.*

CHRISTMAS CONVERSATIONS

|  |
| --- |
| *What is your favourite memory of Christmas?* |
| *What are the traditions in your family?* |
| *What would you feel like if didn’t receive a present this year?* |
| *What do you think about when you put the decorations?* |
| *Why do you celebrate Christmas?* |
| *What does Christmas mean to you?* |
| *What do you want for Christmas?* |
| *What is the first Christmas memory you have?* |
| *Has anything weird happened to you at Christmas?* |
| *What’s you most special memory of Christmas?* |
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PASS THE PARCEL ON

Forfeits

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| *Undertake an Act of Random Kindness tomorrow* |
| *Invite an elderly neighbour around for tea* |
| *Do something to ‘pay it forward’, e.g. an act which you hope someone would be kind enough to do for you one day.* |
| *Write a letter to a relative you haven’t spoken to for a number of years* |
| *Phone someone up whom you normally would just text or Facebook-message.* |
| *Say ‘thank you’ to a bus driver, train guard, cleaner or other under-appreciated person.* |
| *Give a present to someone at School, Work who you wouldn’t normally receive a present or gift* |
| *Volunteer to do some charity work for a morning / couple of hours* |
| *Leave a tip next time you are in a coffee shop/restaurant etc.* |
| *Make someone you love breakfast* |
| *Help around the house for an hour (if you are not the home maker in your house)* |
| *Empty the dishwasher or wash up* |
| *Bake someone a cake & give it to them* |
| *Buy your sibling (Brother, Sister … or cousin) a treat (eg a bar of chocolate)*  |
| *Leave an anonymous note to someone on a bus, train or at Work….* |
|  |

PASS THE PARCEL ON

Challenge

The final prize in the middle of the “Pass the Parcel on” game will be a Challenge to everyone/family to host their own event.

|  |
| --- |
| We challenge you, and / or your family, (if you are willing and able) to run your own: “Be a King this Christmas” event.*Everything that you need to help you run the event is available at the 25th Stirling (Dunblane) Boys Brigade Facebook page / Webpage (http://www.dunblanebb.org.uk/) or by email request from* *slatehaa@yahoo.co.uk* |
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